PRESENTATION

Piaget Institute, in partnership with the Biomedical Sciences Institute Abel Salazar (ICBAS) and the Municipality of Macedo de Cavaleiros, organizes on April 2 2016 the Conference on Integrative Therapies: Traditional Chinese Medicine.

SCIENTIFIC COMMITTEE

Maria Helena Chéu – Instituto PIAGET
Jorge Pereira Machado – ICBAS-UP
Maria João Santos – ICBAS-UP
António Silvério Cabrita - FMUC
PROGRAMME

9H30 — Opening Session
António Oliveira Cruz - President of Governing Council of Piaget Institute
Jorge P Machado - Director of MTC courses of ICBAS-UP Institute, Porto
Manuel Duarte Moreno - President of Town Hall of Macedo de Cavaleiros

10H45–11H00 — Biovegetative and functional state in various pathologies according to Traditional Chinese Medicine: scientific studies of therapeutic approaches
Maria João Santos

11H15 — Comparison of two acupuncture strategies in peristaltic movements of the stomach
Susana Odete Martins

11H30 — Acupuncture effects in multiple sclerosis
Begonha Criado

11H45 — Effects of Qigong in phase state anxiety and trait anxiety
Renato Oliveira

11H45 — Coffee-break

12H00 — Qigong and acupuncture effects in the treatment of oncological diseases
Sara Costa

12H15 — Acupuncture effect on muscle fatigue of athletes
Ricardo Cardoso

12H30 — Qigong and Acupuncture effects in promoting balance in elderly
Sara Moreira

12H45 — Qi Gong and auriculotherapy effect in the treatment of obesity
Diana Miranda

Workshop: Pain and Immobility Therapies

14h30 — Poster Session: Therapies in Traditional Chinese Medicine

15H30 — Qigong Exercises
Mário Gonçalves, Renato Oliveira, Jorge Rodrigues

15H45–20H00 — Clinical Attendance
Chinese Diet therapy and phytotherapy: Maria João Santos e Alexandre Soares
Aromatherapy: Raquel Costa e Raquel Carvalho
Acupuncture, moxibustion and cupping therapy: Maria João Santos, Diana Miranda, Daniel Ribeiro
Tuina, neuromuscular bands and geothermal energy: Sara Claudia Moreira, Mário Gonçalves
Poster Session: Therapies in Traditional Chinese Medicine

The acute Effect of “White Ball” Qigong in Perceptual auditory Attention. 
Lara Lopes, Henry Greten, Maria João Santos, Jorge Machado

Complementary therapy with Zingiber officinalis – inflammatory effect on muscular pain
Joana Ruivo, Maria João Santos, Paulo Lobão, Sara Cunha, Diana Meireles, Jorge Machado

Sambucus nigra – a promising natural source for human health
Sara Cunha, Diana Meireles, Jorge Machado

Mushrooms – a human health booster, a skin health promoter and even a cancer therapeutic adjuvant.
Diana Meireles, Sara Cunha, Jorge Machado

Experiência com raiz de Berberis vulgaris L. em crises agudas de dermatite atópica.
Paula Pinho, Henry J. Greten, Maria João Santos, Mario Castro, Diana Meireles, Sara Cunha, Jorge Machado

Evaluation of the effect of acupuncture in relieving xerostomia (dry mouth): study protocol
Daniela Ferreira, Maria João Santos, Sara Costa, Armanda Monteiro, Lourdes Vendeira, Diana Miranda, Bruno Ramos, Jorge Machado, Nuno Correia

Does Acupuncture improve strength and nerve conduction in RA patients with hand affection? A protocol study
Diana Miranda, Susana Seca, Bruno Ramos, Manuel Laranjeira, António Cabrita, Henry J. Greten, Jorge Machado

Lowering Anxiety of University students prior to the exams by Ear acupuncture preliminar study
Andreia Vieira, Mariana Hinzmann, Jürgen Stürmer, Karine Silva, Maria João Santos, Nuno Correia, Henry J. Greten and Jorge Machado

The immediate effects of acupuncture on the mechanosensitivity of the median nerve as assessed by the upper limb neurodynamic test 1: an exploratory randomised trial
Nuno Morais, Maria João Santos, Jorge Machado, Henry Greten

Study of needle acupuncture on nerve conduction study of the ulnar nerve by stimulation of C4 point: Prospective, randomized and controlled study
Igor Usturoi, Bruno Ramos, Sandra Araújo, Manuel Laranjeira, Mafalda Reis, Jorge Machado, Henry Johannes Greten

The effect of acupuncture at St34 on the patellar reflex – a prospective randomized, controlled clinical study
Bruno Pacheco, Bruno Ramos, Maria João Santos, Sandra Araújo, Jorge Machado, Henry Johannes Greten

Therapeutic effect of body acupuncture in tobacco cessation: a study protocol.
Luis Alves Correia, Henry Greten, André Santos-Magalhães, Mariana Hinzmann, Jorge Machado

Prospective study on a new acupuncture strategy in obstructive sleep.
Maria João Santos, Nuno Correia, Mária Sá, João Carlos Winck, Henry Greten, Jorge Machado

Immediate effect of tuina on grip strength in healthy adults: A randomized, controlled, single-blinded clinical study
Beshoy Girgis, Maria João Santos, Bruno Ramos, Sandra Araújo, Jorge Machado, Henry Johannes Greten